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| Postdoctoral Research Fellow BENEFITS |
| UBC Welcome & Resource Centre<http://www.ubc.ca/welcome> | Under the “New Hires” menu, use our Quick Start Orientation tool, an online self-service vehicle that will customize information that you request to help you settle into your new position, find people and places, and familiarize yourself with all that UBC has to offer its employees. |
| UBC Card[www.ubccard.ubc.ca](http://www.ubccard.ubc.ca) | The UBC card is UBC’s official identification document. It can be used for UBC Library services, UBC Bookstores and campus partners’ e-Money purchases, Food Services’ dining convenience and discounts, reduced or free admission to various UBC attractions and facilities. |
| Campus Wide Login (CWL)[www.it.ubc.ca/cwl/homelink.shtml](http://www.it.ubc.ca/cwl/homelink.shtml) | CWL is UBC’s single sign-on authentication system designed to give you access to UBC’s online applications using the same username and password. Initial access will include the Faculty and Staff Self Service web portal (to view pay stub, benefits, pension etc…)and the Library. For remote access from home, please follow the VPN set up document <http://it.ubc.ca/service-catalogue/internet-and-telephone/network-management/myvpn/setup-documents> |
| UBC Library[www.library.ubc.ca](http://www.library.ubc.ca) | UBC Faculty have full access to all materials and services. These include remote access to medical journals, access to library research workshops, online guides and tutorials on a variety of topics, and assistance from the staff and reference librarian. For remote access from home, please follow the VPN set up document <http://it.ubc.ca/service-catalogue/internet-and-telephone/network-management/myvpn/setup-documents>  |
| E-Mail Account | Please contact Jackie Leung at jleung@pathology.ubc.ca for setting up an email account. Note that a CWL login must be setup first prior to getting an email account. |
| PDF Benefit[www.hr.ubc.ca/benefits/employee-groups/pdf-employee/](http://www.hr.ubc.ca/benefits/employee-groups/pdf-employee/) (as employee)[www.hr.ubc.ca/benefits/employee-groups/pdf-award/](http://www.hr.ubc.ca/benefits/employee-groups/pdf-award/) (as award recipient) | Postdoctoral Fellows who are employees of UBC, and are eligible for health benefits, arrangements for MSP deductions can be made through UBC Payroll. Those who are in receipt of earnings paid by UBC (regular salary or fellowship) may be eligible for health benefits, which include Extended Health, Dental and the Employee and Family Assistance Program. For benefit eligibility, please check the link. To enroll for benefit, please use this link: [www.hr.ubc.ca/benefits/enrolling](http://www.hr.ubc.ca/benefits/enrolling)  |
| Spousal Work Permit<http://www.hr.ubc.ca/faculty-relations/immigration/before-you-arrive/#9>  | If you are accompanied by your spouse (including common-law partners), and provided your work permit is valid for at least six months, s/he will be eligible to apply for a spousal work permit and then to search for and take up employment in Canada. When applying for a spousal work permit it will be necessary to provide proof of your relationship. If your spouse has not yet received a job offer, s/he can request an open work permit which will allow him/her to accept any job depending on whether or not a medical exam was taken. Further information is available on the CIC website: <http://www.cic.gc.ca/english/work/index.asp>  |

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| Postdoctoral Research Fellow BENEFITS (CONTINUES) |
| Postdoctoral Fellow Office<http://www.grad.ubc.ca/postdocs>  | The Postdoctoral Fellow Office is an excellent resource for information regarding orientation, professional development opportunities and other post related issues. Please visit their website for more info. |
| Faculty Women’s Club<http://www.facultywomensclub.ubc.ca/>  | The FWC is open to women affiliated with the University of British Columbia. The Club's goals ar friendship and service to the UBC community which are met by * providing assistance to students through scholarships, bursaries and other means,
* promoting social, recreational and cultural activities among the members, through monthly meetings,   interest groups and other events
* providing service to the University community
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| MOST development workshop[www.hr.ubc.ca/odl/most/](http://www.hr.ubc.ca/odl/most/) | The MOST Programoffers professional development workshops geared to enhance and improve your effectiveness at work, as well as to support your career and personal development.  |
| UBC Bookstore Discounts[www.bookstore.ubc.ca/cpu/index.html](http://www.bookstore.ubc.ca/cpu/index.html) | With a UBC Card, you are eligible for discounts on computers |
| Retail Goods and Services | Many companies offer government and educational discounts. Ask, and have your UBC Card with you |
| Vancouver Attractions[www.hr.ubc.ca/faculty-staff-resources/perks](http://www.hr.ubc.ca/faculty-staff-resources/perks) | Free admission to the UBC Museum of Anthropology, and reduced admission to the UBC Botanical Garden, Frederic Wood Theatre, TELUS studio Theatre, other attractions and numerous fitness and recreation programs |
| Reciprocal Parking Agreements[www.hr.ubc.ca/faculty-staff-resources/perks/](http://www.hr.ubc.ca/faculty-staff-resources/perks/) | UBC has reciprocal parking agreements with SFU and UVic. UBC faculty and staff who have current parking permits may park in faculty/staff lots at these institutions, and SFU and UVic faculty and staff with current parking permits may park in faculty/staff lots at UBC  |
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| Postdoctoral Research Fellow BENEFITS (CONTINUES) |
| UBC Conferences & Accommodation[www.ubcconferences.com/accomodations/](http://www.ubcconferences.com/accomodations/)[www.//okanagan.ubcconferences.com/](http://www.//okanagan.ubcconferences.com/) | Various types of accommodation are available on the UBC Point Gray Campus and UBC Okanagan Campus. For UBC Point Gray information and reservations, call 604-822-100, or toll free 888-822-1030 and request the campus rate. For UBC Okanagan information and reservation, call 1-250-807-8050, or toll free 1-888-318-8666 and request the campus rate. |
| Travel Discounts[www.travel.ubc.ca](http://www.travel.ubc.ca) | Government, University and Corporate rates are available for Canadian hotels and vehicle rentals, including ZipCar, Park N’Fly and YVR short-term and long-term parking |
| UBC Child Care Services[www.childcare.ubc.ca](http://www.childcare.ubc.ca) | UBC Child Care Services provides about 600 spaces designed for the children of students, faculty and staff at UBC. Expansions at various locations will annually create more spaces, however the waiting lists tend to be long. |
| Kids & Co. Parent[www.kidsandcompany.ca/](https://www.kidsandcompany.ca/) | Kids & Co. Parent give faculty and staff access to emergency child care as well as priority placement.   |