

Professional Advancement Learning Series presents:

# GUT HEALTH NAVIGATING THE INNER SEAS



PATHOLOGY  
laboratory medicine



DEPARTMENT OF RADIOLOGY  
THE UNIVERSITY OF BRITISH COLUMBIA



Friday, February 9, 2024

12 pm – 1 pm

This lecture will take place on Zoom.  
Login details in email.

DR. THARA VAYALI, B.SC, MA, ND

## LEARNING OBJECTIVES

Participants will be able to:

- Review the digestive system and processes
- Learn which foods help the gut microbiome
- Dive into the food + mood connection

Receive 1 hr of credit for CME, section 1

Motto: Teaching what you can't learn from a book

Accreditation Statement: The Pathology Professional Advancement Learning series is a self-approved group learning activity (Section1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

